

# Sensory Integration Catalogs

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## **Southpaw Enterprises**

800-228-1698

[www.southpawenterprises.com](http://www.southpawenterprises.com)

## **Flaghouse**

800-793-7900

[www.flaghouse.com](http://www.flaghouse.com)

## **Sportime - School Specialty**

800-850-8602

[www.abilitations.com](http://www.abilitations.com)

## **Professional Development Programs**

651-439-8865

[www.pdppro.com](http://www.pdppro.com)

## **Senseabilities**

[www.senseabilities.com](http://www.senseabilities.com)

# THE “TOOLS”: APPLICATION OF SI TO CST

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- Deep touch feels good and actually helps suppress sensitivity to light touch.
- Provide soothing and comforting tactile experiences (unique to each child, but generally surfaces like cuddly stuffed toys, fuzzy blankets, smooth objects).
- Give child something to hold in hands.
- Provide play dough, therapy putty, thera-band or theratubing to offer resistance for heavy work muscles.
- Place heavy pillow, bean bag, heavy soft toy on abdomen or legs to provide calming proprioceptive input.
- Provide toys for chewing or blowing to modulate the CNS through the mouth.
- Use vibrating toys as oral stimulators for those children who calm with vibrating stimulation.
- Adapt treatment area to floor or standing beside the table with an activity on it for those children with gravitational insecurity.
- Use dim, indirect lighting and subdued colors in the treatment room.
- Give the child frequent opportunity to “regroup” sensory/neurological processing BEFORE arousal level reaches a “point of no return.”
- Restrictions of any kind represent boundaries. Boundaries help us feel safe. The feeling of SAFETY comes first in any situation.

# RECOMMENDED READING LIST

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Raising a Sensory Smart Child – Bell & Paske

What's Going on in There? – L. Elliot

Visual Thinking of a Person with Autism – T. Grandin

Autism and Sensing – D. Williams

Too Loud, Too Bright, Too Fast, Too Tight – S. Heller

Quirky Kids – Klass & Costello

Problem Child or Quirky Kid – Sommers & Flannigan

The Goodenoughs Get in Sync – C.S. Kranowitz

Building Bridges Through Sensory Integration – Yacht, Achilla & Sutton

Understanding the Nature of Sensory Integration with Diverse Populations – Smith Roly, Blanche & Schaaf

Nobody Nowhere – D. Williams

A Thorn in My Pocket – E. Cutler

Smart Love – Pieper & Pieper

The ADHD-Autism Connection – Kennedy, Banks & Grandin

Children with Starving Brains – J. McCandless

Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More – M. Kutscher

Allergy Busters – Chara, Chara & Chara

The Out of Sync Child Has Fun – C.S. Kranowitz

Sensational Kids – L.J. Miller